

OmegaRx² Fish Oil Purity Report

We test every lot of finished product and post the results on our website. Sure, it costs a lot of money, but our consumers deserve to know. There might be 5-star fish oils, but there is only one 6-star: that's OmegaRx 2. To have Dr. Sears' name on every bottle, it has to meet his strict standards.

Concentration	Label Claim	Lot Results
EPA —An essential omega-3 fatty acid that inhibits the enzyme which produces AA, the building block that makes hormones that initiate inflammation. EPA can also be made into pro-resolving mediators known as resolvins.	2000 mg	2040 mg
DHA —An essential omega-3 fatty acid that can be made into pro-resolving mediators known as resolvins.	1000 mg	1000 mg
Dr. Sears' Approval: ✓ Pass		

Purity	GOED Standard	IFOS Standard	Zone Labs Standard	Lot Results
Polychlorinated Biphenyls (PCBs) —Contaminants from industrial chemicals that are found in all fish.	<90 ppb	<45 ppb	<5 ppb	0.0142 ppb (parts per billion)
Mercury —Can cause permanent damage to the brain and central nervous system, as well as affecting other internal organs.	<0.1 ppm	<0.1 ppm	<0.1 ppm	0.001 ppm (parts per million)
Lead —Can cause neurological problems and cognitive impairments.	<0.1 ppm	<0.1 ppm	<0.1 ppm	0.005 ppm (parts per million)
Arsenic —Is associated with higher rates of skin cancer, bladder cancer, lung cancer and heart disease.	<0.1 ppm	<0.1 ppm	<0.1 ppm	0.022 ppm (parts per million)
Cadmium —Linked to many forms of cancer, and affects the human renal, cardio-pulmonary and skeletal systems.	<0.1 ppm	<0.1 ppm	<0.1 ppm	0.001 ppm (parts per million)
Dr. Sears' Approval: ✓ Pass				

Oxidation	GOED Standard	IFOS Standard	Zone Labs Standard	Lot Results
Peroxide —Measures the beginning of oxidation of any fatty acid. Peroxides can result in further oxidation leading to rancidity.	<5 meq/kg	<5 meq/kg	<5 meq/kg	2.1 meq/kg
Anisidine —Measures further oxidation into aldehydes and ketones during the processing of oils. Both cause oxidative damage to DNA, protein and lipids.	<20	<20	<20	5.4
Total Oxidation (TOTOX) —Is the only test that governs the trading of edible oils in the world. Any finished product with TOTOX value greater than 26 is considered to be unsuitable for human consumption.	<26	<19.5	<19.5	7
Dr. Sears' Approval: ✓ Pass				

Sport Certified (absence of banned substances)	Zone Labs Standard	Lot Results
Banned Performance Agents —LGC screening tests for 160 banned performance agents.	Free	Free
Dr. Sears' Approval: ✓ Pass		



- **GOED Standards**—Global Organization for EPA and DHA Omega-3 (goedomega3.com)
- **IFOS Standards**—International Fish Oil 5-Star Standards (nutrasource.ca/ifos)
- **Zone Labs Standards**—The leader in the manufacturing and stabilization of high strength and purity omega-3 products. We're so confident in our product that we post the purity testing of every lot of OmegaRx 2 online.

Visit zonediet.com or call **800-404-8171** for more information.